

HEALTH & FITNESS

NUFFIELD HEALTH

NOTTINGHAM



**NUFFIELD HEALTH,  
FITNESS AND WELL BEING,  
NOTTINGHAM**

Lavingtons acted as Quantity Surveyor, Employers Agent and CDM Co-ordinator for Nuffield Health on their first fitting out project in Mapperley, Nottingham, following the acquisition of Cannons Health & Fitness.

The Club comprises 25,000ft<sup>2</sup> and facilities include gymnasium, indoor swimming pool and 2 Nr studios together with associated changing rooms, reception, food and beverage area and one of the first health assessment suites and wellbeing consulting rooms being introduced by Nuffield Health into several of their Clubs.

The Club was completed for opening in January 2009.

